

BSN Program Student Guide

2024-2025
Version 4



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Welcome Note

Greetings!

The nursing profession has a profound impact on people's lives and greatly influences our families, communities, nation, and the world. Nursing offers a promising future, and we are excited to have you join us!

We warmly welcome our new students to the Nursing Program at **Qassim University**, where learning opportunities and career pathways are limitless.

This **Student Guide** has been developed to introduce nursing students to the program's philosophy, objectives, practice standards, policies, and procedures. It provides comprehensive information on the rules and regulations related to your academic journey and student life within the college. All students enrolled in the program will receive a copy of this guide and are responsible for being familiar with its contents.

Wishing you a meaningful and enriching learning experience!

College of Nursing

Introduction

The College of Nursing, as an integral part of Qassim University, offers an undergraduate program aligned with the university's mission and goals to prepare competent and compassionate nursing professionals. The program proudly holds the distinction of being the first nursing program in Saudi Arabia to offer a Baccalaureate Degree in Nursing. Nurses play a vital role in promoting health, preventing disease, restoring health, and alleviating suffering. They work collaboratively with other members of the healthcare team and various sectors to ensure the delivery of quality care. In addition, nurses engage with individuals, families, population groups, communities, and society at large to encourage active participation in the provision of holistic healthcare.

The Bachelor of Science in Nursing (BSN) program is designed to prepare graduates for entry-level professional nursing positions that require them to assess, plan, implement, and evaluate nursing care in diverse clinical settings, including hospitals, community health agencies, and clinics. The nursing curriculum combines classroom instruction, laboratory activities, and clinical experiences, allowing students to explore a variety of professional nursing issues while building the skills and competencies required for practice across the healthcare continuum. As a practice-based discipline, nursing requires theoretical knowledge to be grounded in real-world application to ensure graduates are fit for practice, purpose, award, and professional standing.

The College of Nursing at Qassim University was founded with a visionary goal to advance the health sector and promote specialized health education. In the academic year 1430 AH (2009/2010), it became the first nursing college in the Kingdom of Saudi Arabia to implement a problem-based learning (PBL) system and to integrate basic sciences with nursing sciences. The college strives to offer an integrated learning environment that blends academic development with practical training, emphasizing both human and professional values. The curriculum is structured to train students to assume responsibilities with efficiency and professionalism.

The curriculum also aims to ensure the professional success of graduates by equipping them to deliver comprehensive care to individuals, families, and communities. The college is committed to graduating responsible nurses who uphold the values and standards of the profession. The first student cohort was admitted in the academic year 1430 AH (2009). In 1446 AH (2024–2025), the college moved to a new building to further enhance its educational and training capabilities.

Program Mission

The Nursing program at Qassim University committed to prepare competent, ethical, and innovative nursing professionals through evidence-based education, applied research, and active community engagement. The program emphasizes advancing healthcare, fostering leadership, and promoting lifelong learning aligned with national and global standards.

Program Goals

1. To prepare nursing graduates to be clinically proficient, ethically accountable, and skilled in problem-solving to deliver high-quality, patient-centered care.
2. To prepare students for successful entry into the labor market by meeting professional standards and passing required licensure examinations.
3. To empower students to communicate effectively and collaborate within interdisciplinary healthcare teams to promote patient safety.
4. To utilize technology and e-health systems to improve care quality and efficiency.
5. To promote nursing research, critical thinking, and evidence-based decision making in a variety of healthcare settings.
6. To contribute to community health improvement and public awareness in alignment with Saudi Vision 2030.

College's Scientific Departments

- Nursing Education Department.
- Medical and Surgical Department.
- Maternal and Child Health Department.
- Psychiatric and Mental Health and Community Health Department.

Learning Outcomes

Codes *	**Learning Outcomes	Domain
K1	Explain knowledge of biological, psychological and social sciences in the context of nursing and apply this knowledge in a manner that meets the needs of the labor market	Knowledge & understanding
K2	Distinguish between contemporary evidence-based nursing practices including nursing models, care for individuals, families, groups, communities and populations across the life span and across the continuum of health conditions	
K3	Formulate a specific nursing care plan to meet needs/problems taking into account time frame, workload and available resources in the context of comprehensive care in an innovative manner consistent with professional ethics and professionalism	
K4	Identify the basic principles of research science to improve patient/client care by providing high quality nursing care in various health care settings	
S1	Demonstrate nursing graduates' competence in a wide range of clinical motor skills while taking into account integrity and professional ethics	Skills
S2	Apply infection control and safety measures in all clinical procedures related to the specialty, profession and professionalism	
S3	Apply updated standards, protocols and guidelines in the provision of nursing care	
S4	Apply digital coding of the nursing care plan and document patient care	
V1	Develop problem-solving skills through effective teamwork and participation in continuing educational activities related to professional issues, decision-making and commitment to responsible citizenship	Values, Autonomy and Responsibility
V2	Communicate clearly within the professional, social and therapeutic context including Consistent with Islamic values and beliefs	
V3	Develop effective use of information technology related to patient/client care and health promotion and continuous professional development in order to interpret patient care technology, information systems and communication technology to support safe nursing practice and find constructive solutions to community issues, effective communication and professionalism	
V4	Act as a model and mentor for less experienced nursing care providers and nursing students in taking responsibility, decision making, effective leadership and commitment	

Admission and Registration

To join the Nursing Science Program, an applicant can apply electronically to the Nursing Track in the Common First Year, and the selection process is conducted electronically.

Admission Criteria as Approved by the University Council

1. Obtaining a high school diploma or its equivalent from accredited schools within or outside the Kingdom.
2. Achieving a suitable score on the General Aptitude Test (Qiyas) for the student's high school track, as well as for the Achievement Test for all female students in all specializations, and for male students in scientific specializations.
3. The year of high school graduation should be 1440 AH or later.
4. The student must pass any required tests or personal interviews, including those administered by the Qiyas Centre.
5. Applicants who are employed by any government agency must obtain approval from their employer.
6. The student must not be enrolled at the university or any other institution.
7. The applicant's age should not exceed 25 years.
8. The applicant must complete the health competency form within the specified timeframe.
9. The applicant should not have previously withdrawn from the university or any other institution.

Graduate Attributes of The Academic Program

Codes *	**Attributes	Domain
1.1	Knowledge and methodology of knowledge in the field of investigation and the basic theories and principles associated with it and professional issues	Knowledge & Understanding
1.2	The ability to investigate complex problems and develop innovative solutions, using insight from the fields of study specific to the field of nursing and other related fields	
1.3	The ability to provide innovative solutions and proposals, critical judgment with a willingness to continue self-directed learning and take responsibility and decision-making	
1.4	The ability to provide leadership and the desire to fully cooperate with others and work in a team spirit in joint projects and initiatives	
1.5	Take the initiative in identifying and solving problems and issues, whether individually or collectively, and exercise leadership in seeking innovative, practical and safe solutions to support the practice of the nursing profession	
2.1	Apply theoretical ideas and methods of inquiry related to the field of study and consider issues and problems in other contexts and the effective and safe use of professional practice with the latest technical and digital applications in the field of specialization	Skills
2.2	Apply recognition of issues related to the field of work and propose solutions to problems and academic, professional or community issues	
2.3	Practice in line with Islamic values and beliefs that reflect high levels of loyalty, responsibility and commitment to serving the community with high accuracy in the field of specialization, profession or work	
3.1	Understand diversity Social and cultural in the community and meet their various needs in the field of specialization and profession	Values, Autonomy and Responsibility
3.2	Respect for the dignity of the individual and human diversity and commitment to responsible citizenship and academic integrity and professional ethics	
3.3	The ability to apply ethical perspectives in making and taking appropriate decisions in the field of specialization and profession and bear responsibility	

Nursing Program Study Plan

%	Credit Hours	Requirements	
8.27	12	University Requirements	
24.82	36	Preparatory Year Requirements for Health Colleges (Track System)	
51.72	75	College requirements are compulsory	Program Requirements
8.96	13	Mandatory external requirements	
4.13	6	Elective Courses	
2.06	3	Free study hours	
100	145	Total Credit Hours	

First Year (Premed Year)

Course Code	Course title	Credit Hours		
		Theoretical	Practical or clinical	Total
ENG 001	Preparatory English (1)	8	-	8
STAT 100	Statistics	1	1	2
PHYS 110	Physics (1)	1	1	2
CSC 100	Computer Skills	2	2	4
PSYCH 101	Thinking Skills and Learning Styles	2	-	2
ENG 002	Preparatory English (2)	5	-	5
ESP 101	English for Health Professions	2	-	2
BHS 111	Human Biology	3	1	4
MDL 111	Introduction to Biochemistry	2	1	3
PHS 115	Medical Ethics	2	-	2
MEDU 111	Health Profession Education & Communication Skills	2	-	2
Total		30	6	36

Second Year

Course Code	Course title	Credit Hours			Pre-requisites	Co-requisites
		Theoretical	Practical or clinical	Total		
IC 101	Islamic Study I	2	-	2		
ARAB 101	Arabic Language Skills	2	-	2		
NURE 221	Nursing Education	2	1	3		
NUR 211	Body Structure and Function	5	3	8		
NURS 222	Basic Concepts of Nursing Care	2	1	3		
IC 102	Islamic Study II	2	-	2		
CMD 151	Growth and Development for Nursing	4	2	6		NUR 211
NURS 218	Health Assessment in Clinical Practice	1	1	2		
NUR 214	Pathophysiology	2	-	2		
NURS 210	Adult Nursing I	4	3	7		CMD 151
Total		26	11	37		

Third Year

Course Code	Course	Credit Hours			Pre-requisites	Co-requisites
		Theoretical	Practical or clinical	Total		
IC 103	Islamic Study III	2	-	2	IC 101	
ARAB 103	Expository Writing	2	-	2		
NURS 316	Adult Nursing II	4	3	7	NURS 222 NURS 210	
FSHN 327	Applied Nutrition	2	1	3		
CMD 152	Principles of diseases for Nursing	3	1	4	NUR 211	
IC 104	Islamic Study IV	2	-	2	IC 101	
NURM 331	Maternal Health Nursing	4	3	7	NURS 210	
NURE 322	Nursing Leadership and Management	2	2	4		
NURE 323	Nursing Research I	2	-	2		
	Nursing Elective (I)	2	1	3		
Total		25	11	36		

Fourth Year

Course Code	Course	Credit hours			Pre-requisites	Co-requisites
		Theoretical	Practical or clinical	Total		
NURM 433	Child and Adolescent Nursing	4	3	7	NURM 331	
NURC 441	Psychiatric & Mental Health Nursing	3	2	5		
NURC 447	Nursing Epidemiology	2	-	2		
NURE 424	Nursing Research II	1	2	3	NURE 323	
NURS 417	Critical care nursing	4	3	7	NURS 316 NURM 331	
NURC 448	Community Health Nursing	4	2	6		
	Free Hours	3	-	3		
	Nursing Elective (II)	3	-	3		
Total		24	12	36		

Internship Year

A 12-month clinical training is mandatory for the student in order to fulfill the requirements of graduation.

Departments	No of Weeks	Areas
Medical	14	<ul style="list-style-type: none"> ▪ 3 wks. Hemodialysis ▪ 3 wks. CCU/cath. lab ▪ 3 wks. Medical Unit ▪ 3 wks. ICU
Surgical	14	<ul style="list-style-type: none"> ▪ 3 wks. ER/SICU ▪ 3 wks. OR ▪ 3 wks. Surgical Unit ▪ 3 wks. Burn Unit
Maternity and Pediatric	18	<ul style="list-style-type: none"> ▪ 2 wks. PICU/NICU ▪ 2 wks. Pediatric Unit ▪ 2 wks. Delivery Room ▪ 2 wks. OB/GYN ▪ Emergency Room
Elective Clinical Areas	6	Based on the intern's career choice/ preferred area of practice
Total No of weeks	48 weeks	
<p>KEYS:</p> <ul style="list-style-type: none"> o DR: Delivery Room o ICU: Intensive care unit o CCU: Coronary care unit o MICU: Medical intensive care unit OR: Operating room o SICU: Surgical intensive care unit ER: Emergency room o PICU: Pediatric intensive care unit NICU: Neonatal intensive care unit o OB/GYN: Obstetrics and gynecology 		

Elective Courses						
(students must select 2 elective courses with a total of 6 credit hours)						
Course Code	Course title	Credit Hours			Pre-requisites	Co-requisites
		Theoretical	Practical or clinical	Total		
NURS 311	Oncology Nursing	2	1	3		
NURS 312	Concepts in Pain Management	3	-	3		
NURS 313	Renal Dialysis Nursing	2	1	3		
NURS 314	Alternative and Complementary therapy	3	-	3		
NURM 333	Reproductive Health	2	1	3		
NURM 334	Midwifery	2	1	3		
NURE 325	Nursing Management of Human Resources	3	-	3		
NURE 326	Organization and Administration for the Nurse Manager	3	-	3		
NURM 435	Children with Special Needs	2	1	3		
NURC 444	Palliative Care	2	1	3		
NURS 415	Advanced Critical Care Nursing	2	1	3		
NURC 445	Management of Nursing Occupational Hazards	3	-	3		
NURC 446	Counseling Skills for Health Professionals	3	-	3		
NURM 436	Surgical Pediatric Nursing	2	1	3		

Degree Requirements

To earn a Bachelor of Science in Nursing Degree, students must successfully complete the total of (145) credit hours. The required period for the completion of the Bachelor of Sciences Degree in Nursing is no less than four academic years (eight semesters), in addition to the completion of one calendar year of nursing internship 52 weeks.

Conclusion

The College of Nursing at Qassim University aims to prepare students with competence and skill in nursing practices while adhering to the ethics and regulations of the nursing profession. Therefore, the college expects its students to observe the following:

- Diligence and eagerness in seeking knowledge.
- Respect for time, recognizing its importance, and using it in ways that please Allah while acquiring beneficial knowledge.
- Keeping up with the latest developments in the nursing profession.
- Avoiding negligence in performing nursing skills and ensuring proper care for patients while respecting the regulations and standards of the nursing profession.
- Maintaining the bond of Islamic brotherhood and fulfilling its legitimate rights, including assisting those in need, caring for the sick and their families, respecting elders, being gentle with the young, smiling, and visiting the sick.
- Ensuring adherence to the laws and regulations of the state, the university, and the nursing profession, while avoiding any actions that would compromise them.

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