

3.3.5 Does your university as a body provide students and staff with access to free mental health support?

His Excellency the President of the University inaugurates the exhibition «Amal» to promote mental health

https://qu.edu.sa/d_news/3623



His Excellency the President of the University, Prof. Muhammad bin Fahd Al-Sharekh, inaugurated the activities of the annual exhibition "Amal" yesterday, Tuesday, within the framework of the university's efforts to promote mental health among its students and employees, which was organized by the Deanship of Student Affairs at the university, with the participation of a number of health colleges and relevant authorities, and in the presence of His Excellency the Vice President for Financial and Technical Affairs, Dr. Muhammad bin Abdulrahman Al-Saawi, His Excellency the Vice President for Educational Affairs, Dr. Fahd bin Suleiman Al-Ahmad, and His Excellency the Vice President for Graduate Studies and Scientific Research, Dr. Walid bin Saleh. Al-Battah in the main lobby of the university city.

He also reviewed the exhibition, which included 34 corners for awareness and guidance activities on the concepts of mental health and its promotion, as well as lectures, consultations, scientific programs and various activities with the participation of male and female students and faculty members.

During his tour of the exhibition, Al-Sharekh was briefed on the university's efforts in promoting mental health and its scientific and research activities in this field, after the university achieved 100% in the index of the National Center for Mental Health Promotion.

His Excellency the President of the University also launched the programs and events of the "Irtiqaa" initiative in its next phase, with the aim of promoting the concepts of mental health and launching many initiatives to raise the quality of life within the university environment.

Academic Advising

<https://www.qu.edu.sa/content/news/11>

Academic Support and Advising Academic

advising is considered one of the pillars of university education in the Kingdom, as it aims to guide students to obtain the best results, adapt to the university environment and seize the opportunities available to them, by providing them with academic skills that raise the level of their educational achievement. Due to the importance of academic advising in the faculties of the university, it is necessary to form a unit or committee specialized in academic support and guidance.

General concepts:

- The Academic Support and Counseling Unit is a unit established by a decision of the Dean of the College and is concerned with planning, coordinating and supervising the implementation of the academic supervision process in the college, and the committee is responsible to the Dean of the College or the Vice Dean for Educational Affairs.
- The responsibility for academic advising lies with all faculty members and not only the Academic Support and Advising Unit, so all faculty members will participate in academic supervision activities for students.
- An academic advisor is a faculty member or the like assigned by the Academic Support and Advising Unit to perform the task of academic advising for a group of college students.
- The unit works in coordination and cooperation with the Department of Guidance and Counseling at the Deanship of Student Affairs.

Mission of the Academic Support and Advising Unit:

The Academic Support and Advising Unit is concerned with providing support and guidance to college students in order to benefit from their own abilities, work to develop their skills, and encourage them to excel and academic creativity, to graduate in the specified period of time after they have acquired scientific experiences and practical skills that provide them with a successful opportunity to work, as well as study their psychological, health, financial and functional problems and contribute to solving them.

Objectives of the Academic Support and Advising Unit:

- Preparing students to learn and adapt to university life.

- Provide students with correct information about the college, educational policies, resources and study programs.
- Enhancing students' academic achievement, raising their abilities and overcoming obstacles during their educational achievement.
- Reducing the chances of academic failure (preventive guidance).
- Providing advice and assistance to college students with academic problems.
- Caring for students with low and faltering academic achievement, paying attention to them and following them up until they raise their academic level.
- Care and assistance to students socially, financially, healthily, psychologically and functionally if necessary.
- Paying attention to outstanding and talented students and providing what would enhance their abilities and support their creativity.

Tasks of the Academic Support and Advising Unit:

- Develop a plan for academic supervision in the college.
- Supervise the implementation of the academic supervision plan.
- Spreading awareness among students about the nature of the unit, its importance and how to benefit from its services through meetings, bulletins and the college's website.
- Introducing students to the objectives and mission of the college, its educational programs, its scientific departments, the fields of work of its graduates, and the aspects of care and services it provides to its students, as well as enlightening and guiding them to choose the appropriate specializations that suit their abilities and potentials.
- Distributing new students to academic supervisors and publishing lists on bulletin boards and the college's website at the beginning of each year.
- Submit periodically (mid-semester) a report that includes the work of the unit as well as a report on the levels of students to the college administration.
- Study the cases referred to it by the college administration and prepare reports on them and submit them to the competent authorities.
- Consider students' academic problems raised by advisors and seek to solve them with the college administration.
- Considering students' complaints of an academic nature and devising solutions that suit them or submitting them to the college administration if necessary.
- Considering students' complaints about any course and finding solutions and submitting this to the college administration.
- Raising awareness of the importance of academic advising and the importance of communicating with the academic advisor by publishing brochures and publications and using the college website for this purpose.

- Supervising orientation programs for new students to introduce the study and testing system in the college.
- The committee meets periodically every 4 weeks or according to new reports in order to discuss periodic reports or exceptional reports submitted by academic advisors.
- Contribute to solving students' psychological, financial, social and functional problems and submit them when necessary to the Deanship of Student Affairs to take the necessary action.

Tasks of the academic advisor:

- Familiarity with the registration, deletion and addition dates announced by the Deanship of Admission and Registration.
- Knowing the study plan of the college and the graduation requirements for students, and ensuring that the student's schedule agrees with the study plan of the college.
- Preparing and updating the academic advising record file for each student, where the advisor opens a special file for each student in the group that includes the registered subjects and the level of the student's grades in them, and includes the cumulative average, as well as the minutes of the periodic meetings between the advisor and the student, in addition to any reports or warnings directed by the course of the subject, through which the level of the student can be evaluated.
- Organizing periodic interviews (at least once at the beginning of each semester) with each of the students he supervises in order to:
 - Identify the performance of students in the past semester.
 - Urging the student and encouraging him to more diligence and praise him if he is distinguished in some courses.
 - Discuss difficulties, if any, and search for appropriate solutions.
 - Discuss the appropriate options for the student in the next semester (registering or dropping courses, raising the average, choosing a specialization, etc..).
- Provide assistance to the student in the event of difficulty in registering or conflict of some subjects.
- Careful follow-up of the student's scientific achievement in the subjects in which he or she is registered, writing periodic reports and attaching them to the student's file.
- Addressing faculty members if the student's level is low.
- In the event of the student's lack of attendance or poor achievement level, the advisor intensifies periodic meetings and discusses the student accurately about the reasons and tries to solve them or submit them to the Academic Advising Committee.
- discovery Students' talents and development.
- Helping students on how to make the most of the e-learning website in the college.
- Encourage students to participate in academic and extra-curricular activities.
- It is preferable not to change the advisor for the student from his or her enrollment until his

graduation

- The Dean of the College or his deputy does not sign the certificate of good conduct and behavior until after a letter received from the academic advisor that this student has completed or completed all requirements.
- It is necessary to build an academic friendship relationship between the counselor and the student or the mentor and the student to dissolve the differences between them.
- It is preferable that the role of the counselor be as a social and career advisor for the student to know his or her social conditions and help her stability or the student's career future and contribute to opening the horizons of job opportunities for him or her, training or continuing higher studies.
- Allocate office hours to meet students in his office to discuss the problems they face during the study.
- Introducing students to the objectives and mission of the college, its educational programs, its scientific departments, the fields of work of its graduates, and the aspects of care and services it provides to its students, as well as enlightening and guiding them to choose the appropriate disciplines that suit their abilities and potentials.
- Submit a periodic report on students' performance to the Academic Support and Advising Unit (before the end of the semester). The report includes the student's academic performance (better or worse than before) and the actions taken to address the worst performance.
- Submit a report on the problems that need the intervention of the unit or college administration.
- Encourage students to make use of the library and manage time effectively.
- Encourage students to study as groups and benefit from their peers.

Responsibility and role of the student:

- Bears full responsibility for his or her academic performance as academic advising is a mechanism of assistance.
- View the college directory and website to identify the requirements of the department, college and university.
- Familiarity with the details of the academic calendar and critical dates that concern registration, withdrawal, apology, etc.
- Knowing his academic advisor and the dates of his office hours.
- Meet with the mentor to consult on the academic and career goals, the program and the study schedule, and inquire about all aspects that he deems ambiguous.
- Implement the recommendations of the mentor and keep meeting the mentor according to the agreed dates.
- Notify the advisor of any variables that may affect his program or academic performance.

Medical Care

<https://qa.qu.edu.sa/files/shares/handbooks/Student%20Manual.pdf>

There are many hospitals in the region which offers medical care for the citizens, the non-Saudis and visitors. Some of these hospitals belong to the Ministry of Health, and some belong to the military sectors in the Kingdom. Most of these hospitals are in Buraidah city (the administration capital of the region). Of these hospitals are the followings

- Specialized King Fahad Hospital
- Central Buraidah Hospital
- Security Forces Hospital in Buraidah
- King Saud Hospital in Unaizah
- **Psychological Health Hospital**
- Children and Birthing Hospital in Buraidah

Guidance Directorate (Deanship of Students Affairs)

<https://hr.qu.edu.sa/laravel-filemanager/files/shares/pdf/Policies/En/14.pdf>

The Directorate of Orientation and Guidance aims to realize the stability and familiarization of the students with the university environment, **and follow up their scientific, social and psychological issues, to barricade them, and help them to overcome the problems facing them and affect their scientific attainment and hamper their scientific excellence.**

Also, the directorate aims to recognizing the excellent and talented students through their scientific attainment and high marks records in the electronic system. Also, it identifies the creative students through their innovations during practicing the non-curricula activities. Therefore, the Directorate established the Unit of Talents and Innovations which acts to offer suitable and supporting environment for the talented students, and presents programs which care of each category through encouraging and supporting them. In this regard, the Center of Innovation and Intellectual Property helps this Unit which cares for encouraging the students' innovations and creations, and looks after the talented students.

The Center aims to:

- Supporting the graduates' projects which start by innovative ideas.
- Spreading and enriching the culture of innovation and thoughts ownership and economic knowledge.
- Encouraging invention and incubating the innovative ideas and participating in converting them to economic products.
- Ideas protection and registration of patents in the Saudi Authority for Intellectual Property.
- Participating in strengthening the relation of the inventors and investors.
- Supporting the students' graduation projects which begin with innovative ideas.
- Establishing strategic partnerships with bodies which concern about the innovation and rights of intellectual property and similar international centers.

The Department of Guidance and Counseling provides general services to students like issuing IDs and commuter orders for public transport and aviation, as well as working on the employment of male and female students in the faculties and units of the university.

If you need a private (academic, psychological, social etc.) consultation, you can book an appointment here:

<https://dsa.qu.edu.sa/content/p/81/form>

Psychological and social counselling program

<https://dcs.qu.edu.sa/content/news/323>

Qassim University
جامعة القصيم
Deanship of community service
مجلس خدمة المجتمع

تقيم عمادة خدمة المجتمع في جامعة القصيم بالتعاون مع كلية العلوم والآداب بعيون الجواء

استشارات نفسية واجتماعية

١٦٣.٢.٢٢٤	يومي الأحد والاثنين من الساعة ٨ حتى ١٠ مساءً	أ.د. فاطمة الرشيدى	١
٥٠.٥٤٧٨٦١	يومي الثلاثاء والأربعاء من الساعة ٦ حتى ١٠ مساءً	د.لولوة الرشيد	٢

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The Deanship of Community Service, in collaboration with the Faculty of Science and Literature in The Eyes of The Atmosphere, is conducting a program (psychological and social consultations) according to the attached schedule.

Qassim University warns against sedative drugs, stress medications and mental disorders

<https://www.qu.edu.sa/content/news/466>

The play "Maze House" attracts visitors to Qassim University campaign in Abana

The university, represented by the College of Pharmacy, warned of the wrong use of sedative drugs and medicines -Xanax- and treatment - Lyrica - and cough medicines in its educational awareness campaign held in the center of Abanat (Dulai Rashid) west of the city of Buraidah 190 km, and the college allocated a corner in the maze house next to the main tent of the campaign in which it highlighted the harms of addiction and the various forms causing addiction in the framework of educational awareness received a large number of visits from the schools of the Abanat Center and the centers and abandonment adjacent to it, The maze contained six theatrical scenes in the framework of – tragic comedy – in live scenes written and directed by Mohammed Al-Yahya and the script and dialogue of Ahmed Al-Tuwaijri and the representation of



Omar Al-Samaani, Abdul Karim Al-Mutairi and Abdulaziz Al-Mushouh, simulating the reality of drug addicts and how bad friends affect the individual until the tragic end of addiction, and the role of the College of Pharmacy comes in the last scenes of this play by enabling visitors to wear glasses designated to know and watch the feeling of alcohol users and cannabis users, which show their loss of concentration and inability to remain steady. And they suffer from major and serious problems because of these materials, in addition to distributing brochures and awareness leaflets warning about this dangerous scourge that directly contributes to the elimination of its users, and among specialists in the college that the use of these sedative drugs, a group of drugs that are specially prescribed by the psychiatrist to treat cases of anxiety and insomnia and are used when performing surgeries and cases of muscle tension and epilepsy is considered one of the compounds of barbiturates updated drug habituation and with repeated use enters the patient first in The state of psychological attachment and with the continuation of taking these compounds up to the stage of physical attachment, the university also warned against the use of drugs without referring to the specialist doctor, including the drug Alprazolam - Xanax - which is used to relieve cases of anxiety, tension and sleep disorders due to the speed of its effect and the breadth of its effectiveness in treating these cases, which caused the opening of a wide door for addiction to this drug and its spread, Among the most important harms of its misuse are addiction, difficulty staying awake, fainting, mental confusion, memory confusion, lack of oxygen in the blood, low blood pressure, coma, muscle cramps, impaired movement functions, desire to commit suicide and death, in addition to a number of drugs such as cough drugs, such as "quadine and dextromethorphan" - and sedative drugs Examples of compounds "barbiturates" - and pregabalin - Lyrica - used medically for some cases of epilepsy, peripheral nerve pain, social anxiety disorder and fibrous muscle pain, Specialists provide drug addiction treatment methods and general advice on the safe use of drugs.

The University Launches an Initiative for Psychological Support for Health Practitioners

<https://www.qu.edu.sa/content/news/1834>

The university, represented by the College of Medicine, announced the launch of an initiative under the slogan "Psychological support for health practitioners in the Qassim region" in light of the Corona pandemic, provided by a number of specialists and consultants from the Department of Psychiatry, and under the supervision of the Community Service Unit at the college, where the initiative is implemented remotely for a period of 3 days from 10 pm to 12 pm from 22-24/6/2020 AD, through the Zoom program.

This initiative aims to provide psychological counseling for health practitioners in the region in order to support them psychologically and to mitigate the effects of psychological and professional pressures they have been exposed to since the beginning of the spread of the epidemic of infection with the emerging Corona virus at the beginning of this year, as they were at the forefront of the ranks to address this pandemic and implement the preventive measures and precautionary measures taken by the government of the Kingdom to confront this crisis.

The initiative begins on Monday, 22/6/2020 AD, by providing psychological support consultations for health practitioners with Dr. Muhammad Al-Hamid, Assistant Professor of Psychiatry, and psychological support consultations continue on Tuesday, 23/6/2020 AD, with Dr. Abdullah Al-Qafari, Assistant Professor of Psychiatry, and on the third and last day, Dr. Sumaya Al-Juhani, Assistant Professor of Psychiatry, provides a number of psychological consultations to help health practitioners in the region overcome the psychological effects and psychological support during this pandemic.

They provided their services to more than 30,600 people. <> university employees and students participate in the "Awareness, Health and Education" campaign at the Dome Center

<https://www.qu.edu.sa/content/news/2970>



Qassim University's fourth campaign "Awareness, Health and Education", which was held at the Qubba Center in Al-Asyiah Governorate, over a period of five days, presented 247 diverse programs, benefiting 30341,<> beneficiaries, in various fields of legitimacy, education, medical clinics, dentistry, health and nutrition, in addition to training and skill programs, veterinary clinic, optometry clinic, medical laboratories, radiology, physiotherapy and first aid.

The programs provided by the university to the people of the Qubba Center and its surroundings also included awareness of the harms of drugs and their danger to the individual and society, in addition to recreational and sports programs, where the campaign was supervised and implemented by more than 600 university employees and students, who formed 17 committees and work teams specialized in the medical, scientific, legal and educational fields, in addition to the organizational and executive committees, where the activities and events of the campaign were distributed to its headquarters in the Celebrations Center in the Qubba Center, boys' and girls' schools, mosques, mosques and government departments.

This campaign comes in its fourth edition, which was held more than 150 km from the university's main headquarters in Buraidah, within the framework of the university's keenness to provide community services to all the people of the Qassim region and reach them in their places, as the university has previously provided three versions of this campaign in several governorates in the Qassim region.

The University Concludes the "Intellectual Immunization" Program... Diagnosis and treatment"

<https://www.qu.edu.sa/content/news/2716>



The university, represented by the Intellectual Awareness Unit, concluded the "Intellectual Immunization... Diagnosis and treatment", which lasted for two semesters in two stages, where during the first phase, 20 awareness meetings were presented, benefiting 1100 male and female students from secondary school students who are about to attend university education and first-year students in the university's faculties, and presented by a selected group of faculty members and specialists in intellectual awareness issues.

In its first phase, this program relied on a scientific methodology based on field surveys to identify common intellectual issues among a sample of secondary school students who are about to enter university education, and then diagnose the intellectual, value and conceptual defect in those issues in preparation for the preparation of specialized preventive programs for those issues.

The second phase included a package of training programs and awareness meetings prepared by specialists to address intellectual issues in an integrated manner, as it provided 12 diverse programs, benefiting about 650 secondary school students and first-level students from the College of Sharia and Islamic Studies.

The second phase dealt with several vital topics, including the origins and threats of stability, intellectual immunity, the goal and purpose, the major legitimate mandate, entitlements and effects, enhancing intellectual security, in addition to the danger of rumors and ways to combat them, the jurisprudence of religiosity that establishes moderation, the need for intellectual security, the premises of extremism, and intellectual immunity in the light of the Prophet's Sunnah.

A hotline for legal and family consultations with an awareness, health and education campaign in the mind of falcons

<https://www.qu.edu.sa/content/news/784>

The organizing committee of the "Awareness, Health and Education" campaign organized by the university for the second year in a row has allocated a hotline for family counseling implemented by the Esaad Center for Family Counseling "Boys and Girls", where the number (920012020) has been allocated to receive men's calls, while it receives women's consultations on the number (0163822999), and the campaign also provides a Sharia consultation service, where calls are received and answered by His Eminence Sheikh Dr. Fahd Ali Al-Salami on the number (0560602041) for a period of 7 days throughout the campaign period.



Dr. Abdul Rahman Al-Nassian, Dean of the Deanship of Community Service at the university and Executive Director of the campaign, explained that this service was provided to serve the community, and to answer all legitimate inquiries, and also provides family advice for men and women, as the university provides an appropriate environment by providing a special and confidential atmosphere between the caller and the receiver, and offering appropriate treatment through specialists, and it also aims to reach the beneficiaries in their places, who could not come to the campaign and want to treat their problems in particular.

Al-Nassian stressed that the university seeks to benefit the province of Aqlet Al-Suqour and its neighboring villages and instill Islamic values and intellectual awareness across all fields, as the campaign was keen on family, social and legal awareness through specialized courses and Sharia programs targeting mosques, schools and some specialized sites.

Students Box

<https://qa.qu.edu.sa/files/shares/handbooks/Student%20Manual.pdf>

The Student Box seeks to provide scientific, psychological, social and financial stability for students attending the University through financial support for the programs of the Department of Student Activities, guidance and assistance of the Deanship of Student Affairs. It works through providing services to students, including advances, subsidies, financial loans, student employment program and the peer education program. Service centers for students, such as bookstores, photography centers and food services, are all in accordance with the tasks and programs entrusted to the Deanship of Student Affairs.

The Fund does its utmost to achieve all that includes serving the student and facilitating the progress of his/her university studies and psychological stability.

Objectives of Students Box

1. Providing subsidies and loans to students attending the university.
2. Supporting the programs of the Department of Student Activities, Guidance and Counseling at the University and presenting awards to outstanding students.

3. Supporting student programs financially, such as the student employment program and the school bag insurance program for the preparatory year students at the university.
4. Establishing useful service projects for university students such as canteens, printing, copying, photocopying and providing office and scientific tools and the like.
5. Supervising the operation of photographic centers and bookstores in the university.

Organizational Structure for the Students Box

The student fund Box consists of the following main sections:

- 1- Administrative Affairs
2. Financial affairs
- 3- Student Services.

Students Box Services

The fund works to provide a suitable scientific environment for the students of the university by overcoming the material difficulties that may face students during their university career and motivating them to excel in their academic achievement at the university, support non-educational programs and activities of students, and provide the necessary supplies for the student during his university studies. The Fund provides the following services to students attending the university:

- 1- Student Subsidies
- 2- Medical glasses subsidy
Some university students suffer from low vision and need to use glasses (to correct their vision problems). This service is in accordance with special regulations established to regulate its utilization. The Fund assists them by paying (50%) of the value of the glasses, after it is proved that they need it by the specialist in the health unit at the university, and this service is in accordance with special controls established to regulate their use
3. Student Loans
4. Program for securing the school book bag for preparatory year students
5. Student Employment Program
6. Cooperative Employment Program

Cooperative employment is a cooperative program between the student funding department and the private sector to provide the services needed by the student from paper photography, the provision of textbooks, stationery and the provision of light nutrition services, drinks and other services. This program aims to provide quality service to students at reasonable prices, as well as reduce the operating expenses of the Student funding department through cooperative operating contracts with the specialized private sector and experienced in various student services. Through this cooperation, the fund operates photographic centers, bookstores, snack and beverage services in cooperation with a number of private sectors specialized in these fields. The Fund currently operates a number of student services, as follows:

- Food Services:
The Box is keen to provide light food services, which cannot be provided in the university restaurants or canteens of main meals such as hot and cold drinks and snacks through coffee

shops)) coffee Shop, which is operated by the Fund department in cooperation with the private sector specialized in this field to provide a good service commensurate with the status Scientific University and its employees. The Students Box is keen to provide its services with excellence and diversity needed by the university students in the places prepared and equipped for this in the university, in cooperation with the private sector through the cooperative operating program. The operation of the buffet located in the lobby of the University main building and other Buffets have been assigned to specialized companies in providing hot, cold drinks, and snacks.

Virtual Recipient at the University on "Psychological Reassurance in the Light of the New Reality"

<https://www.qu.edu.sa/content/news/1930>

The university, represented by the Deanship of Student Affairs - Female Section -, held a virtual remote recipient on the topic of "psychological reassurance in light of the new reality", where the forum, which lasted for two days Sunday and Monday, corresponding to 18-19/1/1442 AH, included many diverse programs related to enhancing the psychological aspect and preparing it to face the emergency conditions that resulted from the spread and outbreak of the Corona virus and the accompanying precautionary measures.

The program of the first day of the forum included a session by Dr. Omar Al-Muhaimeed entitled "Faith and its Impact on Psychological Reassurance", while Dr. Saleh Al-Khalaf presented a session entitled "Psychological Preparation in Light of the Corona Pandemic".

The second day of the forum witnessed the establishment of two different sessions, the third session was presented by Dr. Fahad Al-Ahmad entitled (A Successful Academic Return), while Dr. Saad Al-Dosari presented the fourth and final session entitled (Technical Preparation in Distance Learning: Difficulties and Solutions).

For her part, Dr. Amal Al-Rubaish, Vice Dean of Student Affairs at the university, explained that the forum targeted university students and faculty members for two days through four diverse sessions that dealt with providing psychological and academic guidance to deal with this stage in light of the new reality that resulted from the Corona pandemic.

Signing a memorandum of cooperation between Qassim University and "Osra" Association

<https://www.qu.edu.sa/content/news/61>

The university, represented by His Excellency the President of the University, Prof. Dr. Khalid bin Abdulrahman Al-Hamoudi, signed a memorandum of cooperation and partnership with the "Osra" Association and Family Development in Buraidah, represented by His Excellency Sheikh Abdullah Al-Muhaisen, Chairman of the Board of Directors of the Association, in the presence of the university's vice-rectors and a number of the association's employees.

The two parties hope that it will be a gateway to cooperation for many programs and projects that both sides aspire to towards community service, which is part of the university's mission, and the partnership prepared by the Institute of Studies and Consulting Services at the university aims to

benefit from the services and specializations of both parties in the field of family and community service, whether in training, research or human cadres.

For his part, His Excellency the President of the University welcomed the Chairman and members of the Board of Directors of the Family Association, praising the excellence of the association's message and the services it provides to the community, stressing that Qassim University looks forward to this partnership being a distinguished addition to the work process and providing what serves the community, for his part, His Excellency Sheikh Al-Muhaisen valued the efforts made to build bridges of partnership between the association and Qassim University.

His Excellency the President of the University visited the Family Skills Center for Training and Rehabilitation of the Society, which is interested in rehabilitating community members at the level of family life in general and at the level of married life in particular.

His Excellency also met with a group of counselors in the family and psychological field at the Society's Esaad Family Counseling Center, which provides free counseling services provided by qualified competencies in cooperation with Qassim University.

He also visited the Family Reform Unit, which practices reform processes between litigants and resolving family issues received by the association, whether what is received directly from the community or what is referred from government agencies to solve them according to a program characterized by flexibility and sustainability in reconciliation processes between the disputants.

He was also briefed on the permanent exhibition of the association, the Family Education Center, the facilitation unit, as well as the new grooms division, in addition to visiting the training halls and reviewing the future leaders academy of the association.

Qassim University launches Sheikh Abdulaziz Al-Saawi Chair for Positivity Development and Research in Society

With the support of Sheikh Saleh Al-Saawi with three million riyals for five years

<https://www.qu.edu.sa/content/news/248>

Qassim University launches Sheikh Abdulaziz Al-Saawi Chair for Positivity Development and Research in Society

Dr. Al-Hammoudi: The chair is one of the non-traditional means to achieve the university's vision in community service

Saleh Al-Saawi: Businessmen are partners in advancing the development of society in all its fields.

Dr. Abdulaziz Al-Ahmad: Qassim University is the first university to establish this positive thought and four tracks to spread the culture of positivity

His Excellency the Rector of Qassim University, Prof. Dr. Khalid bin Abdulrahman Al-Hamoudi, and Sheikh Saleh bin Abdulaziz Al-Saawi inaugurated yesterday evening, "Sheikh Abdulaziz bin Saleh Al-

Saawi Chair - may God have mercy on him - for the development of positivity and its research in society" with financial support amounting to three million riyals for a period of five years, in the VIP hall in the university lobby, in the presence of university vice-rectors and a number of deans and university professors.

His Excellency the President of the University pointed out that the chair comes within the framework of the university's research efforts in various fields, pointing out that the research chairs through which the university seeks to activate its mission towards the community, appreciating the support of Sheikh Saleh Al-Saawi for the objectives of this chair, which is concerned with spreading positivity in society, stressing that this chair in general is one of the main non-traditional means that contribute to achieving the future vision of the university and strengthening the effective partnership between the university and the private sector in order to Community service.

Sheikh Saleh Al-Saawi also stressed that supporting such purposeful trends is a duty that businessmen are partners in advancing the development and development witnessed by our blessed country, pointing out that our university "Qassim University" deserves from us as the people of the region support and assistance in a way that contributes to serving development paths in various fields, noting the development of the university and its advancement over the past decade since its establishment, which we see through its achievements that we are proud of. He prayed to God Almighty that the chair will achieve the desired goals of its launch, especially under the supervision of a group of professors who realize the importance of their role towards spreading positivity in society.

The Vice President for Graduate Studies and Scientific Research and the General Supervisor of Research Chairs, Prof. Dr. Abdul Rahman bin Saleh Al-Wasil, stressed the importance of launching such purposeful chairs, pointing to the university's interest in playing the role entrusted to it as part of its research mission towards society.

The Dean of the College of Education, Dr. Abdullah Al-Muzairi, explained that the chair will play an important role in studies and research interested in positivity in all fields for all groups, including research related to the development of positive social behavior and research related to the development of positive thinking.

The General Supervisor of the Chair, Dr. Abdulaziz bin Abdullah Al-Ahmad, pointed out that the vision of the Chair is to spread the culture of positivity in all its fields and for all groups, especially the category of male and female students, the family and government and private institutions, pointing out that it is

One of the important dimensions with the dissemination of a culture of positivity is the manufacture of programs that support it, and the encouragement of institutions, projects and positive personalities

Dr. Al-Ahmad stressed that the chair will work on several tracks:

- . Research and Studies Track
- . Programs and Courses Track
- . Meetings and lectures track
- . Meetings and Conferences Track

This serves the university, family and institutional environment.

Dr. Al-Ahmad went on to say:

It is important to adopt such projects as a long-term strategic line to take positivity and spread, in addition to the need for sectors, universities and institutions to pay attention to the development of positive thought and its applications in the student and career environment, and to find a method of motivation and encouragement for the individual, family, employee and even the official to thank the benefactor 'three times' and correct the wrong once, stressing the importance of bringing down a culture of positivity for applications in schools and the media in the form of programs so that it focuses on the bright aspects of the individual and the facility and the keenness of writers, preachers, preachers and media professionals to monitor and root it.

The supervisor of the chair extended his thanks and appreciation

Qassim University, which took the initiative to adopt this chair, which is a qualitative scientific and societal chair

To be the first university to establish this positive thought at the level of Saudi and Arab universities, pointing out that the chair also comes in conjunction with the blessing and launch of the Prince of Qassim region for the program "The idea of my homeland" wishing that they achieve the desired goals of their launch.

It is noteworthy that the chair aims to highlight the teachings of our great Islamic religion with regard to positivity and the spirit of cooperation and solidarity among all members of society, in addition to spreading positive thought, research and programs such as positive programs for individuals, families, government institutions and the private sector, and conducting studies and research interested in positivity in all fields for all groups, including research related to the development of positive social behavior and research related to the development of positive thinking, psychological security research and a sense of personal responsibility. Developing the spirit of volunteerism and contributing to activities and events related to community development among all members of society, especially young people of both sexes, and participation with individuals and institutions to support positive projects and personalities, in addition to holding conferences, forums, workshops, qualitative and media programs related to the concept of positivity in the Muslim community, and research cooperation and programs with universities and relevant institutions.

The inauguration ceremony was attended by the university's vice presidents, the secretary of the research chairs program, Dr. Zaid Al-Muhaimeed, and a number of university professors.

[His Highness the Prince of Qassim sponsors the conference](#)

["Sports fanaticism... Effects and Solutions"](#)

<https://www.qu.edu.sa/content/news/1056>

His Royal Highness Prince Dr. Faisal bin Mishal bin Saud, Governor of Qassim Region, stressed the importance of sportsmanship among sports fans, club presidents and those in charge of them because this spirit makes them more accepting of everything, the most important of which is that there is acceptance of the other party, pointing out that everyone can encourage a certain club but without antagonizing the other club, we are all sons of one homeland and we are all loving and close families, and we should not antagonize each other for a match in any sport.

His Highness expressed his wishes that the phenomenon of sports fanaticism will disappear during his speech at the opening of the "Sports Intolerance... Effects and Solutions», which was organized by the university represented by the College of Education on Wednesday, 27/3/1440 AH, at the headquarters of the university city in Melida, with the participation of researchers specialized in this field who presented 18 research papers that dealt with all aspects of the phenomenon of sports fanaticism, its causes and ways to confront and reduce it, His Highness also expressed his happiness that Qassim University is proactive in discussing such a scourge and finding appropriate solutions to it, pointing to the responsibility of parents, club presidents and officials to provide a good example for their children and raise them on the culture of sportsmanship.

His Highness the Prince of Qassim expressed his confidence that everyone will be on this approach, and will stay away from convulsion, fanaticism and hostility to other clubs, pointing to the importance of the role of the region's clubs, which have presented many initiatives to combat sports fanaticism and devote patriotism and patriotism, and this is something that reminds and thanks to the clubs of the region whose tasks are not limited to the sports aspects, but rather to the national and social aspects, such as this forum, praising the working papers presented from inside and outside the Kingdom, asking God Almighty To all success, and in advance thanks to His Excellency the President of the University, Prof. Dr. Abdulrahman bin Hamad Al-Dawood, and all university employees and employees for this conference.

For his part, His Excellency Prof. Dr. Abdul Rahman bin Hamad Al-Dawood, Rector of Qassim University, expressed his happiness to organize a conference on sports fanaticism at the university, and to discuss this negative phenomenon from the scientific side, considering that this is one of the important roles played by the university towards sports, which has become associated with development in many fields, stressing that sports of all kinds have a fundamental and key role in supporting the development and development in our country, the Kingdom of Saudi Arabia.

Al-Daoud pointed out the importance of practicing these sports of all kinds in an atmosphere of intimacy, love, honest competition and good morals, explaining that the phenomenon of intolerance is a scourge that we must stand at and determine its effects, and talk about it, discuss it and write down its solutions, as it will seek in its conclusion to find solutions and proposals that help those in charge of sports, and help us as scientific, educational and research bodies and help the supervisory authorities such as the Sports Authority and other clubs to reduce this phenomenon, which cannot it is accepted by our society, and we cannot stand idly by it, so it is necessary to seek appropriate solutions to eliminate it, and the General Sports Authority has sought to reduce this phenomenon with many programs, and we share with them to research the scientific and educational aspect towards this phenomenon.

At the end of his speech, Al-Daoud announced that the University Council agreed to transform the Department of Physical Education and Movement Sciences into an independent college and will see the light soon, thanking all the organizers of this conference, participants from inside and outside the Kingdom, all media professionals and attendees, asking God for all success.

For his part, the Chairman of the Scientific Committee, Dr. Sami Al-Sunaidi, Dean of the College of Education, said that the government of the Custodian of the Two Holy Mosques paid great attention to sports, so it established Riyadh clubs. Under the umbrella of the General Sports Authority, it was also keen to open the departments of physical education and sports sciences in Saudi universities, and Vision 2030 focused on the importance of the role of sports and its place in creating a vibrant society, and developing the next generation of young people physically and healthily, in order to achieve the desired goals of the vision and increase sports awareness in various segments of society, but those

interested in sports may deviate away from the true meanings of it, which are honest competition, enjoyment and sportsmanship, as sport is a connecting factor between members of society. Different affiliations and orientations, so the sports field suffers from the phenomenon of sports fanaticism, which is one of the negative behaviors, which destroys these ties and contributes to their fragmentation, weakens good citizenship and increases the spread of violence and riots in sports stadiums and public places and may have an impact on the same house, although this phenomenon is not new, but several factors have contributed to its aggravation and nutrition recently, so Qassim University, represented by the College of Education, under the guidance of His Excellency the Rector of the University, was keen to hold this conference to identify the causes and their consequences and access to scientific and practical solutions.

Al-Sunaidi said that this conference aims to emphasize the role of sports competitions in enhancing belonging and loyalty to the homeland and employing sports games in raising the reputation of the Kingdom of Saudi Arabia regionally and internationally, as well as identifying the causes of sports fanaticism and its harmful effects on building a vibrant society, and spreading awareness of the importance of the role of sports in integration, community cohesion and solidarity among individuals, and the effects it reflects on economic, political and social growth. It also contributes to the submission of ideas and proposals to reduce sports fanaticism, and the means to reduce it. Developing and promoting sports ethics in sports and community circles. The conference addresses many axes, the most important of which are the negative effects of this phenomenon on the development of games and sports in the Kingdom, the role of educational institutions, sports clubs, relevant community institutions and regulations in raising awareness and reducing them, especially among sports fans, in addition to the relationship of the media, and social media vessels in increasing them, and the role of media ethics codes and professional media codes of honor in combating them and reducing their effects.

Al-Sunaidi added that the fields of various scientific papers that applied to participate in the conference after examination and arbitration from the Scientific Committee to 24 research in several fields, including mathematical, educational and psychological sciences, as well as in the field of sociology, in addition to Sharia sciences, Islamic culture and regulations, where many researchers and academics from inside and outside the Kingdom participated, and the participants were from outside the Kingdom from the Arab Republic of Egypt, Algeria, Sudan, Iraq and Sweden.

The conference discussed several axes to address the phenomenon of sports fanaticism as follows: The first axis: the negative effects of the phenomenon of sports fanaticism on the development of games and sports in the Kingdom, and its impact on its excellence and ability to compete locally and internationally, and the second axis: the role of educational institutions, sports clubs and relevant community institutions in educating members of society, especially sports fans, about the dangers of sports fanaticism, and the importance of spreading sports ethics and honest competition between clubs and its fans, and the third axis: the relationship of the media, social media vessels to increase sports fanaticism, the role of media controversial codes and professional media codes of honor in combating intolerance and its effects, and the fourth axis: the role of regulations and laws in reducing the phenomenon of sports fanaticism, and the mechanisms and procedures to ensure the activation and implementation of these regulations and laws.

Scientific sessions at the conference «Towards a positive society... In accordance with the Kingdom's Vision 2030» concludes its work

<https://www.qu.edu.sa/content/news/1147>



Today, Tuesday, the scientific sessions of the conference "Towards a Positive Society... According to the Kingdom's Vision 2030", which was launched yesterday , Monday, and organized by the university represented by the Sheikh's Chair Abdulaziz bin Saleh Al-Saawi for the development of positivity, over two days in the university city of Melida, under the patronage of the owner of His Royal Highness Prince Dr. Faisal bin Mishaal bin Saud, Governor of Qassim Region, who It aims to promote the concept of positivity in society and promote moderation and the values of citizenship.

The first session, chaired by Dr. Khalid Abdulaziz Al-Shraideh , Professor of Sociology, dealt with a number of Research papers presented by the researchers participating in the conference, where the head of the media unit at the Sulaiman Al-Rajhi Charity Engineer Riyadh bin Nasser Al-Furaiji, his research paper entitled "Use positive for social media in accordance with the Kingdom's Vision 2030", as this research dealt with the use of Positive for social media in light of the vision launched by the Custodian of the Two Holy Mosques King Salman bin Abdulaziz - may God protect him -, on April 25, 2016, and in the first section of it The researcher was exposed to the subject of the research, its main and subsidiary problems, objectives, importance, terminology, and methodology The user, and in the second section dealt with Previous studies and theoretical framework of the study, presented in the third section to the results of field research which was applied to 200 single.

Through his study, the researcher reached several results, including that Saudi university youth have Great experience in social media and its uses, in a way that can be invested positively to support and activate Saudi Vision 2030.

The researcher recommended the importance of raising awareness of the positive use of social media among members of Saudi society in all its categories. And the need to spread positive ideas that support this trend, and to encourage young people to establish constructive dialogue Through it in all the issues and problems of the homeland, because of its great impact in spreading ideas And the new visions, with the need to plan electronic awareness programs, aimed at forming an electronic culture Virtual among Saudi youth, characterized by emphasizing cultural identity and strengthening belonging to the homeland And building a positive and effective society.

While Dr. Ashraf Owais Mohammed, Associate Professor at the College of Education, Qassim University, delivered a scientific paper on "Standards of Positive Behavior among Saudi University Employees", which aimed to develop a list of standards Positive behavior for both faculty member and student in Saudi universities, and the research used the descriptive approach Analytical of previous Arab and foreign studies related to the research topic, with the aim of reaching a list Behavioral standards for both faculty members and university students, as it included a sample of legalization The proposed criteria consisted of 30 faculty members at Qassim University, while the sample consisted of which the standards for students have been codified by application by 115 students of College of Education at Qassim University from of of the of special education and physical the and (members from), (25 members from King University the University), (10 members from University

The results of the research concluded a list of positive behaviors criteria among faculty members, consisting of 7 Main criteria: (personal positivity criteria - positive teaching criteria - positive criteria for academic advising - standards Positive for professional development- Positive standards for community service and community activity- Positive criteria for student activity - positive criteria for relationship with others).

The results of the research also concluded a list of criteria for positive behaviors among university students consisting of (5 criteria main) are: (personal positive criteria - positive criteria for teaching and learning - positive criteria for the relationship with Others - positive criteria for student activity - positive standards for community activity).

The results of the research reached to determine the degree of importance of positive behavior standards among faculty members in universities. Saudi Arabia, where the first place came positive teaching, followed by in order: professional development - positive Relationship with others - personal positivity - community service and community activity - student activity - academic advising, as well as The results of the research reached to determine the degree of importance of the criteria of positive behaviors in the university student, Where it came in the first place in terms of the degree of importance: personal positivity, followed by Ranking: Positivity for Student Activity - Positivity for Teaching and Learning - Positivity for Relationship with Others - Positivity In light of the results of the research, the researchers developed a number of recommendations, the most important of which are: Use positive criteria for member behaviors of the , as of behaviors for

The session was concluded by Ms. Kholoud Khaled Ghazi Nasser, lecturer in the Department of Psychology, King Abd University. Dear with a research entitled "Positive Psychology and the Vision of the Kingdom of Saudi Arabia 2030 as an Applied Model", which aimed at To identify the extent to which the vision of the Kingdom of Saudi Arabia (2030) achieves the concepts, principles and applications of psychology Positive, by discussing three main axes, which are a vibrant society, economy Flowering, an ambitious homeland.

The study found that Saudi Arabia's Vision 2030 provides a full-fledged model for positive psychology. In its three main axes, in the first axis: a vibrant society, which aimed to achieve the values of A solid environment, a strong environment and a solid structure through attention to national identity and environmental sustainability, in addition to To support culture and entertainment, provide a healthy life, take care of families and build the personality of children, the study found Its conformity with the concept of (meaningful life or life of belonging to others), Making individuals feel beyond their narrow interests to goals of value, and how They reach to enjoy positive emotions, activate them and employ

them in daily human life such as (Social Relations, Hobbies, Interests, Entertainment, and recreation).

In the second axis: a flourishing economy, which aimed to continue investing in education, training and providing children with the knowledge and skills needed for future jobs and access to quality education opportunities, the study found a match with One of the applications of positive psychology, which is (improving job satisfaction with work) across various Stages of life by helping humans integrate into work and experience what is known as flow experience In order to achieve creative achievements, and in the third axis: an ambitious homeland, which aims to Developing responsibility in life where each individual builds himself and his abilities to be independent And active in his society and plans for his financial and practical future, and each individual has a responsibility towards his family Towards others, and in the field of work Effort, discipline and skills must be exerted by providing an attractive environment Suitable for achieving ambitions, the study found its similarity with the fields of positive psychology at the level of The group that revolves around (virtues and civic institutions) that move individuals towards citizenship Righteousness, responsibility, sympathy with others and concern for them.

The second session was held under the chairmanship of Dr. Ibrahim Al-Omar, former Vice President of the University, and the first practical paper was delivered by Dr. Manal Mohammed Shams, Director of Health and Quality of Life Department - Ministry of Health on "Lifestyle Impact "on livability in improving the quality of life", during which she emphasized that the concept of quality of life It is a broad and complex concept that bears several definitions, as it can be said that the concept of quality of life Measures the level of satisfaction in relation to the most important aspects of an individual's life, but remains This definition is relatively large, and in order to arrive at a specific definition of quality Life in the Kingdom The program conducted an integrated research to identify the most common definitions. The initial search specified a number of Global indicators that define and measure the quality of life from several aspects, and all One of these indicators is detailed in order to identify common elements.

In turn, Dr. Abdulaziz Al-Ahmad presented his scientific paper on the preparation of the Fikra program for my country entitled "Fikra Program" Watani for the Development of Positivity in the Kingdom of Saudi Arabia: Goals and Achievements", during which he explained the importance of recognizing On the Fikra for Watani program, by knowing its nature, objectives, paths and executive stages, with a review of For the most important results of the exploratory study phase and the application phase in Al-Nahda neighborhood in Buraidah, with a presentation The most important expected results during the next application stages, in addition to identifying the dimensions of The prevailing and most prevalent positivity among the target groups of the program, and the level of their variation between these Categories The research paper relies on the descriptive and analytical approach to review and analyze the results of the Fikra program For my homeland.

Dr. Turki bin Munawar Al-Mekhlafi , a faculty member at the university and Secretary General of the Qassim Award, addressed For excellence and creativity a topic on "Qassim Award for Excellence and Creativity... An inspiring source of positivity", indicating that it is an appreciation grant aimed at encouraging individuals and institutions to adopt the concept of Excellence and creativity in all fields, and embracing ideas, practices, initiatives, and pioneering proposals that lead to raise the efficiency and effectiveness of performance, as well as work to develop moderation and spread moderation, and honor individuals of both sexes, and honoring distinguished governmental and private institutions, in

appreciation of their efforts, and in appreciation of For their creative performance to become Saudi role models in the era of quality and mastery.

The second session concluded with the presentation of Mr. Sultan bin Owaid Al-Harbi, Director of the Social Development Bank branch in Buraidah. For his research paper on "The efforts of the Social Development Bank to support families, individuals and small and micro enterprises ", in which he presented an overview of the Social Development Bank, which was established in 1391AH, and includes 27 branches And7 women's sections, and the bank's capital is currently 45.5 billion riyals, and the bank offers a package Of the programs, divided into financial services and non-financial services, financial services : (micro-project loans) Microfinance – loans for small and emerging projects – social loans) and non-financial services: (encouraging savings) and savings – capacity building and non-financial services), indicating that the bank has been funded since So far 105 billion have been established where The education sector was supported by 325 million, and the number of educational facilities reached 373 facilities, and The number of students is 30 thousand students.

The second day witnessed the third session of the conference, which was chaired by Dr. Abdullah bin Fahd Al-Muzairi, the supervisor On the chair of Sheikh Abdulaziz Al-Saawi for the development of positivity, and participated by Dr. Ibrahim Ismail Abdo Mohammed Associate Professor of Sociology, College of Arts, King Saud University, with a study entitled "Positive Functions of Institutions Socialization in promoting the values of citizenship among young people: a study of the sociological dimensions involved", Which aimed to determine the role of socialization institutions by focusing on the following institutions : (family, educational institutions, mosque, and media), and the study relied on the descriptive method To describe and analyze the positive functions of socialization institutions in promoting citizenship values Between youth and social dimensions of relevance , and in order to find practical solutions that can enhance these functions and eliminate deficiencies.

The results of the study showed that the expected functions of socialization institutions in promoting the values of citizenship Young people differ from one institution to another, due to the nature of the qualitative roles and the specificity of each institution, as reached The study indicates that there is practical importance for the integration of the roles expected of these institutions; Harmony between them, and finally the study has proposed some practical recommendations and awareness and training programs aimed at To develop the role of socialization institutions in promoting the values of citizenship among young people.

Prof. Salah Arafa from the American University in Cairo spoke about "The Role of Positivity in Building Sustainable Communities: The Experience of Al-Basaisa in the Arab Republic of Egypt", in which he stressed that the talk about The need for positivity is the main concern of intellectuals in the Arab nation, especially in light of the circumstances that Most countries live in it, as well as the conditions experienced by the Arab Republic of Egypt.

The Egyptian citizen has become in a state of frustration, apathy, mistrust , and reluctance to participate seriously .And positive in rebuilding the nation, which is what called on civil society to pay attention to this phenomenon and call to positivity and concerted efforts to spread positive energy and reject negativity, despite the state's efforts in Local development, however , the results clearly indicated the need for the participation of civil society actors which express the interests and aspirations of this society.

Researchers, members of civil society in Egypt, have adopted the term positivity with a focus on The strengths of the human and the community and the resources they possess that can be well exploited

to obtain On the best positive results that make the members of society happy, reassure them of their tomorrow, and enhance their hope in God Especially if his efforts are appreciated by local leaders and institutions concerned with the state, and The paper to a set of field experiences that show the role of positivity in building and developing Communities starting with the experience of the village of "Al-Basaissa" in Sharkia Governorate in 1974, and then the establishment of the community The new "New Basaissa " in South Sinai Governorate in 1992 and now the experience of establishing A new community "Paradise of the Valley" in <B1200 Governorate <b1199> > New Valley in the Western Desert of Egypt, the paper also presents the appropriate methods used in These field experiences and their results to achieve positive community participation and sustainable development of local communities .

At the end of the session , Dr. Samira Abdullah Al-Rifai , Associate Professor of Islamic Education , spoke from Yarmouk University in the Hashemite Kingdom of Jordan, and Ms. Aisha Theyab Al-Mutairi, PhD researcher specializing in pedagogy Qassim University with their research paper entitled "Positivity in Saudi Universities in the Light of the Vision of the Kingdom of Arabia Saudi Arabia 2030: Concept, Manifestations and Proposals", which aimed to clarify the concept of positivity and its citizens In the Kingdom's Vision 2030 and its fields in Saudi universities, and to submit proposals to develop the role of Saudi universities Academic and administrative in activating positivity; to achieve the aforementioned goal, the researchers followed the two approaches: descriptive Analytical, and deductive.

The study was divided into three topics , respectively: the concept of positivity in the Kingdom's Vision 2030 and the importance of activating it. In Saudi universities, and the positive areas in the vision of the Kingdom of Saudi Arabia 2030and its fields in universities Saudi Arabia and proposals to develop the role of Saudi universities in activating positivity, and one of the most prominent conclusions of the study is that Positivity in Saudi universities in light of the analysis of the Kingdom's vision means: the effectiveness of university students Saudi Arabia, and their ability to satisfy their needs through what they have of capabilities and what It is provided to them from educational, social and health services and their contribution to solving the problems of their society and improve it, and in light of the conclusions, the study recommends working to improve the university environment that promotes Positive practices and encourage them.

The fourth session of the conference, which was held under the chairmanship of Dr. Khaled Bani Al-Harbi, Vice President of the University, dealt with for planning, development and quality, and Dr. Muhammad bin Ibrahim Al-Saif from the university participated in his study entitled "The Role of Positivity in Education and the Media in Promoting National Identity and Citizenship Values in Saudi Society", through which he stressed that the first step to strengthen national identity and citizenship values, is To ask: What do we need to activate the role of schools and the media to revive patriotism and values Citizenship? What do we need to refine the impact of foreign media?

This field study was conducted using the social survey methodology on a new generation of university graduates, and from Various scientific disciplines, and various Saudi environments, the study sought to identify the role of schools in society Saudi Arabia and local and Gulf satellite channels (governmental) in promoting national identity and the values of citizenship, and rejecting Discontent and resentment at the existing social order, and the relationship and association of national identity and citizenship with individual characteristics and scientific for members of society.

The study concluded that the sources of basic education in Saudi society (schools - and media) are effective in building a personality Patriotism and balanced citizenship, they are serious in the intellectual nutrition of national life, and the study revealed that schools Local television may be in a constant state of protection against the external non-governmental media that send Members of society have a culture of doubt, disappointment and despair, and then deviation in the concept of the homeland Through the age stages that an individual goes through, the imbalance in patriotism and citizenship has nothing to do with it. at a specific age, or a certain age period, and has nothing to do with a specific scientific discipline or Specific colleges, and this study reached suggestions that support national security in the Kingdom of Saudi Arabia, Which will reflect directly on Psychological and social security in general, and all this paves the way for the formulation and proposal of a strategy for the implementation of Citizenship and civic education programs for future generations.

Dr. Taghreed bint Abdulaziz Al-Mubarak from um Al-Qura University also participated in the session with her paper entitled "Implications of Positivity in the Prophet's Discourse" in which she stressed that positivity is closely related to Arabic rhetoric In which the most articulate creation ever set the best examples, and reached the highest levels of statement, and The diversity of his speech between direct and indirect connotations required by the maqam, as it is a study Indications of the meanings of positivity in the prophetic discourse within the studies that fall under the study context, and reveals an aspect of rhetorical miracles in the hadith.

This study came in four demands, the first: the link of positivity with Arabic rhetoric (definition and rooting), and the second: Direct indications of positivity in prophetic discourse, and third: indirect indications of positivity in Prophetic discourse, and the fourth: the coupling of direct and indirect connotations of positivity in the one prophetic discourse , The most prominent results of the research came to confirm that positivity is closely related to Arabic rhetoric, as influence is a means in both to modify behavior, and the most prominent noble prophetic purposes in the positive impact Individuals and groups should proselytize, facilitate , be gentle and compassionate, advise, guide and reform, and avoid shaming And confronting the wrongdoer, encouraging and avoiding alienation.

The study also confirmed that the Prophet (peace and blessings of Allaah be upon him) was familiar with the arts of education and psychology. Hadith in his speech to his companions indicating positivity, such as: treatment and guidance - primary prevention - measurement - Human development, and that positivity has a graphic face that is evident in the Prophet's speech between direct and other connotations Indirect, where the hadith comes with a direct indication of positivity at times, and comes in terms of Or indirect connotations at other times and may be associated with direct connotation with indirect in one speech.

At the end of the session, Dr. Rabie Abdo Ahmed Rashwan, Associate Professor at the Department of Psychology, Faculty of Education at the university on "administrative creativity and its relationship to the positivity of the educational institution from the point of view of education teachers year in Qassim region", and the research aimed to reveal the level of administrative creativity and the positivity of the educational institution From the point of view of public education teachers in Qassim region and about the positive relationship of the educational institution Administrative creativity and the significance of differences in teachers' appreciation of administrative creativity and the positivity of the institution Educational according to the variables of gender, experience, academic qualification and specialization at the undergraduate and academic levels .

The results of the research resulted in confirmation that it is for administrative creativity in general education schools from the point of view of Teachers considered an average level, and the level of positivity of the educational institution is average, with high indicators of positivity to take care of

students, achieve integrated growth for them, provide a positive learning environment, and self-efficacy Teaching and positive personality traits among teachers, while the level of social and societal positivity was average Especially encouraging the school administration for teachers and motivating them to participate and adopt positive ideas as well as Positive relationship with the local community, the level of job satisfaction of teachers was average as well as the level of The administration's contribution to the development of teachers, the educational process and performance evaluation.

The study also proved that teachers with a master's degree are more appreciative of administrative creativity and positivity in General education schools with less years of experience were higher in assessing flexibility and risk appetite Analysis and linkage, while those with intermediate years of experience were higher in estimating encouragement and motivation to participate and adopt positive thoughts.

In the fifth and final session of the conference, which was held under the chairmanship of Dr. Muhammad bin Ibrahim Al-Adeeb, Vice President of the University For Educational Affairs, Dr. Abdullah Ahmed Al-Qarni participated in a research paper entitled "Social Networks Approach to the Head New social money according to Saudi Arabia's Vision 2030", which tried to approach the concept of networks Social and dealt with its characteristics, advantages, satisfaction of social needs, social interaction in it, and its impact on the formation of Social capital , the study also dealt with the concept of social capital in terms of Its components, importance, and how social interaction in social networks has restored the concept of social capital Realistic to a new social capital (virtual).

The study also dealt with the concept of the new (virtual) social capital in terms of its forms, dimensions, and characteristics. In particular on the role of Saudi Arabia's Vision 2030 in achieving the new social capital (virtual), and work to enable it to achieve quality of social life on three levels: the first level Social that helps strengthen and consolidate social and family relations, and also contributes to solving some of social issues through cooperation and exchange of information and experiences, the second level Economic where virtual social capital contributes to the increase and growth of production and the creation of opportunities New functionalities, and the third level of development, which is the link and link that binds individuals to institutions different community, so that all From various social institutions, whether government agencies or the private sector, as well as individuals from Reaching their goals, which provides improvement to the lifestyle of individuals and society.

Then Dr. Fathi Mohamed Mahmoud Mustafa, Associate Professor of Psychology at the University, spoke about his paperEntitled "Evaluating the role of the family in positive intellectual guidance from the point of view of children", where the goal of Research to identify the reality of the role of the family (the reality of the role of the father - the reality of the role of the mother), and used Research descriptive analytical approach to achieve its goals, and the results of the study found that the role of the father The mother in positive intellectual guidance from the point of view of children is achieved to a large degree, as The researchers prepared a proposed model for the role of the family in the intellectual guidance of children.

At the end of the session , Dr. Naheel Ali Hassan Saleh, Assistant Professor of Islamic Education - Department Islamic Studies - Yarmouk University Jordan on "Strategies for Creating a Positive Environment for the Muslim Family in Light of The research aimed to investigate strategies for forming a positive environment for the Muslim family in light of The changes of the times, by explaining the concept of a positive family environment, its characteristics and revealing its challenges various that negatively affect the contemporary family, this research was based on the analytical method Deductive based on the analysis of legal texts and family studies that are useful in deriving Effective

strategies that work to form a positive family environment, analyze it and reveal its axes, including Serves research purposes.

The results of the research showed a set of challenges of forming a positive family environment, such as psychological, social and economic challenges . and technological, and the researcher proposed a set of strategies based on legal assets in their deduction, where This group formed a series organized according to the principle of establishing the beginnings, so its beginning was with the strategy of faith first, The strategy of reform and education before reform and accountability, then the strategy of gradual pivotal construction, passing through Quality strategy in systemic thought in instilling values leading to the strategy of awareness of kindness Each of the strategies has goals, means, mechanisms of application and success indicators. It knows how effective it is to attract a positive environment in the Muslim family.

The researcher recommended the need to train educational researchers to prepare courses and workshops to spread awareness of positivity among community members, reconsidering family rehabilitation programs according to their methodology, and encouraging research teams and sites Social media in activating its strategies.

36 programs benefiting 2,500 trainees at the Deanship of Community Service in Buraidah

<https://www.qu.edu.sa/content/news/216>

During the academic year 1435-34 AH, the Deanship of Community Service at Qassim University succeeded in providing more than “36” training programs between short and long training courses, where the total beneficiaries reached “2457” male and female trainees. The first and second in addition to the summer semester. At the time, the Deanship offered a numbseveralus short courses and programs throughout the year, as the “Family First Training Nights” program was presented to 309 beneficiaries, including four courses in the art of family management and education without violence, which give practical ideas towards distinct education and quadruple protection and how to Protect children from harassment, and another titled My Family and Technology, which offers practical ideas for employing technology in the family. The Deanship did not implement the “Training Nights of the Girl” program for 150 girls, which was presented during three different sessions, which are the mistakes in dealing with men and the other entitled “In the best calendar” as well as the art of communicating with oneself.

Autism International Day

<https://twitter.com/QassimUniv1/status/1642903377058095104>

The most prominent symptoms of autism spectrum disorder, early diagnosis, and various rehabilitative therapeutic interventions for the child.



اليوم العالمي للتوحد

اضطراب طيف التوحد

هو اضطراب نمائي، يحدث في مرحلة مبكرة من الطفولة، يؤثر في كيفية التواصل والتفاعل الاجتماعي، ويتضمن أنماطا محددة ومتكررة من السلوك.

أعراض اضطراب طيف التوحد

هناك مجموعة متعددة من الأعراض والعلامات وعلى مستويات مختلفة من الشدة أبرزها:

- ضعف التواصل البصري.
- حركات نمطية متكررة مثل الرفرفة، التأرجح، الدوران.
- عدم الاستجابة للاسم عند مناداته.
- التأخر في اللغة.
- عدم المشاركة في الأنشطة الاجتماعية.
- يصعب عليه الأخذ والرد في الحديث.
- يكرر الكلمات أو العبارات التي يسمعها.
- صعوبة في التعبير عن عواطفه ومشاعره.
- صعوبة في التعرف على الإشارات غير اللفظية للجسد.

أهمية التدخل المبكر

أظهرت الأبحاث أن التشخيص والتدخل المبكرين لاضطراب طيف التوحد من المرجح أن يكون لهما آثار إيجابية كبيرة سواء في المراحل المبكرة أو على المدى الطويل، وذلك على مختلف المهارات اليومية الحركية أو اللغوية والاجتماعية.

التدخلات العلاجية والتأهيلية المختلفة مصممة حسب احتياج كل طفل، تشمل:

تدخلات النطق والتخاطب	تدخلات التواصل والتفاعل الاجتماعي	تدخلات التعليم	التدخلات السلوكية
تدخلات العلاج الوظيفي	تدخلات العلاج الطبيعي	تدخلات العلاج النفسي	

الإدارة العامة QASSIMUNIV1 للإعلام والاتصال QU_UNI

Criminal Behavior
between
adolescence and
rationality

<https://dcs.qu.edu.sa/content/news/289>

جامعة القصيم
Qassim University
Deanship of community service
عمادة خدمة المجتمع

تقيم جامعة القصيم ممثلة بعمادة خدمة المجتمع وبالتعاون مع جامعة نايف العربية للعلوم الأمنية دورة تدريبية بعنوان:

السلوك الإجرامي بين المراهقة والرتقء

محاور الدورة:

- كيف يتشكل سلوك المجرم؟
- اضطراب المسلك لدى المراهق.
- متى يستعصب تعديل سلوك الراشدين؟

التاريخ: الأربعاء ١٤٤٢ / ١ / ٢٨ الموافق ١٦ - ٩ - ٢٠٢٠ م

الوقت: ٣ ساعات تدريبية، من الساعة ٨ م حتى ١١ م

المكان: عن بُعد

للتسجيل

د. عبد الرحمن العازمي
أستاذ علم النفس المساعد
جامعة نايف العربية للعلوم الأمنية

شهادات معتمدة

#جامعة_القصيم represented by the Dean of Community Service in collaboration with Nayef Arab University of Security Sciences, holds a training course entitled "Criminal behavior between adolescence and rationality".

Via link: qudcss.com/home

University life; self-formation and building for the future

<https://dcs.qu.edu.sa/content/news/280>

جامعة القصيم
Qassim University
Deanship of community service
عمادة خدمة المجتمع

تقيم عمادة خدمة المجتمع وبالتعاون مع كلية التربية دورة تكوين للكفاءات وبناء للمستقبل

الحياة الجامعية تكوين للكفاءات وبناء للمستقبل

يوم الثلاثاء ١٤٤١/١٢/٢٨ الساعة ٧ م حتى ١٠ م

الأستاذة / هيفاء بنت محمد الربيعان
محاضرة وباحثة دكتوراه في فلسفة المناهج وطرق التدريس

أهداف الدورة:

- 1- مرحلت دراسية جديدة.
- 2- الوسائل المساعدة للتأقلم مع الحياة الجامعية.
- 3- مهارات ضرورية للوصول إلى النجاح.
- 4- تصانح وتطبيقات الكمبيوتر لتنظيم الأعمال والواجبات.

الفئة المستهدفة: خريجو وخريجات المرحلة الثانوية

البيت (عن بعد)

عبر تطبيق Zoom

للتسجيل: الدورة مجانية شهادات معتمدة

The Deanship of Community Service in #جامعة_القصيم in collaboration with the Faculty of Education holds a training course entitled "University Life; Self-Formation and Building for the Future"

"Remotely"

To register: qudcss.com/home/intro.html

The University concludes the program "Intellectual Immunization. Diagnosis and treatment"

<https://qu.edu.sa/content/news/2716>



The University, represented by the Intellectual Awareness Unit, concluded the "Intellectual Immunization" programme. Diagnosis and treatment," which lasted for two semesters in two phases, where during the first phase 20 awareness meetings were provided, benefiting 1,100 students from secondary school students coming to university education and students of the first division of the university colleges, and presented by a selected group of faculty members and specialists in intellectual awareness issues.

In its first phase, the programme relied on a scientific methodology based on field surveys to identify common intellectual issues among a sample of secondary school students coming to university education, thereby diagnosing intellectual, value and conceptual imbalances in those issues in preparation for the preparation of specialized preventive programmes for those issues.

The second phase included a package of training programmes and awareness meetings prepared by specialists to address intellectual issues in an integrated manner, providing 12 diverse programmes, benefiting approximately 650 high school students and first-level students from the Faculty of Sharia and Islamic Studies.

The second phase dealt with several vital topics, including the origins and threats of stability, intellectual immunity of purpose and purpose, the grand legal mandate of entitlements and effects, and the promotion of intellectual security, in addition to the danger of rumors and ways to combat them, according to the founding religiosity of moderation, the need for intellectual security, the introductions of extremism, and intellectual immunity in the light of the Prophet's Year.

Adolescent mental health

<https://med.qu.edu.sa/content/news/187>

صحة

تتشرف وحدة خدمة المجتمع في كلية الطب
ممثلة في قسم الطب النفسي
بدعوتكم لحضور ورشة عمل

ب عنوان (صحة المراهق النفسية)

متوسطة سيويه  يوم الأربعاء ٩ / ١٠ / ٢٠١٩ 

وزارة التعليم
Ministry of Education

الحيات
مركز خدمة المجتمع
Society

كلية الطب
College of Medicine

جامعة جاسم
Jassim University

تحت إشراف
الدكتور : حاتم الحربي



المصابين بفرط الحركة وتشتت الإنتباه يكون لديهم درجة عالية من الحركة والاندفاعية بالإضافة إلى صعوبة في التركيز لفترات طويلة من الزمن

ما هي العلامات ؟

- من ما يلاحظ على الطفل المصاب باضطراب قلة الانتباه وفرط الحركة بأن :-
- يكون الطفل كثير الحركة ولا يستطيع الجلوس لفترات طويلة.
- لا يستطيع الإنصات للحوار وغالبا يقاطع حديث الآخرين.
- لا يستطيع التركيز ويجد صعوبة في أداء المهام التي تحتاج تركيز كالواجبات المدرسية.
- يكون الطفل كثير النسيان.
- يتصرف بدون تفكير وتأتي.
- لا يستطيع الوقوف في الطابور وانتظار دوره.

من المهم معرفة أن هذه العلامات كثيرا ما تلاحظ عند الأطفال ولا تعتبر مرضية الا عندما تزداد هذه التصرفات لدرجة أعلى من الاطفال الآخرين من نفس عمره، وعندما تؤثر سلبا على حياة الطفل الاجتماعية وعلى دراسته.

ما أسباب اضطراب فرط الحركة وتشتت الإنتباه ؟

غير معروفه، ولكن هناك دلائل تدل على أن من اسبابه الوراثة.

ما هو علاج اضطراب فرط الحركة وتشتت الإنتباه؟

هناك نوعان من العلاجات 1. العلاج السلوكي 2. العلاج الدوائي. وغالب المصابون يستجيبون بشكل جيد لهما

The Deanship of Student Affairs opens the way for female students Talented women to participate in the “Happiness Day” exhibition

<https://qu.edu.sa/files/shares/newspaper/100/100.pdf>

The university, represented by the Deanship of Student Affairs, and The female students - conducted an exhibition entitled “The Day of Happiness”, which was held at the headquarters of College of Sharia and Islamic Studies in Buraidah over two days, With the participation of 14 community colleges, the exhibition included A number of different corners and shows, with the aim of spreading the spirit of Competition among female students and instilling a feeling of happiness among them, as More than 2,500 visitors visited the exhibition in two days. The Vice Dean of Student Affairs, Dr. Amal, explained that this event came within the activities of the Deanship For student activities, this exhibition included performances Visuals about happiness, paintings, handicrafts, and drawing Neighborhood, To give and bring happiness to souls under one roof, In order to bring happiness to the community, Noting that a number of corners have been prepared for gift giving For children, the exhibition also included a visit to the home for the elderly “Rehabilitation”. Comprehensive care for the elderly” and gifts were given and pleasures were introduced on their hearts. Al-Rubaish added that the day of happiness also included a presentation on The five best posts in the visual film about happiness, and then Honoring the first places in the competition, and honoring the participating colleges With souvenir shields. the exhibition also accompanied a training course entitled "How are you happy?" Presented by Dr. Abdulaziz Al-Ahmad In the presence of 200 students.



Medication Reminder App

<https://qu.edu.sa/files/shares/newspaper/100/100.pdf>

My Therapy is an app To take care of the patient's health, exists to remember the time of taking the medicine, it is suitable for patients Those who take medication regularly as well People who treat chronic diseases as high Blood pressure, diabetes and arthritis and depression. One of the features of the application is to support the item, Socialize with family and friends with the goal of Remembering and encouraging the use of medication. The To-do list includes the day and the hour as well, Dose size with ability to recognize types as Medicines and nutritional supplements. A variety of medical

measurements such as pressure measurement, Blood and glucose level and the issuance of a report comprehensive can be made. The application is committed to privacy and does not disclose For any user data, it is now available in a form Free and no registration required.



The Vice Deanship of Student Affairs participates in a panel discussion at Al-Jouf University on the role of student activities in community development

<https://qu.edu.sa/files/shares/newspaper/99/99.pdf>

The university Deanship of Student Affairs – Section Female Students - Last Wednesday, participated in the panel discussion that was held At the headquarters of the Girls Colleges Complex in the city of Sakaka, deanships of affairs Student at Saudi universities, Under the heading “Vision Suggested “To contribute to student activities Community development and its role in thinking Entrepreneurship among students”, which hosted by Al-Jouf University, Sponsored by His Excellency the Director of Al-Jouf University Prof. Dr. Ismail Benn Mohammed Al-Barshi where it represented the university, Dr. Amal Al-Rubaish, Vice Dean Student affairs, which occur During the second session of the episode Discussion about the most important annual activities Organized by the Deanship of Student Affairs For female students, it targets all colleges university, and an example of that is the day of The university student, the heritage of the peoples, As well as the forum “My Thought is Exalted” “My Homeland”, as presented by “Al-Rubaish” In conjunction with her talk show Visible about the effective role of the university In student activities and participation societal.



A graduate of the university defies disability.. And His Highness the Prince of Qassim includes her for the Men's Sisters Award, and His Excellency the President of the University directs her admission to graduate studies
<https://www.qu.edu.sa/content/news/2581>

She lost her sight.. but she did not lose her insight, passion for life, excellence, love of science, yearning to learn and to go through life, defying all the difficulties she faced, to overcome her visual handicap at first, and then take a step by step towards achieving her ambitions that are no less than those of healthy female students. Rather, it surpasses it with determination, and conquering difficulties. She is the blind student Jihan Muhammad Al-Majidel, one of the graduates of the eighteenth batch of the university, who graduated with distinction from the specialty of Islamic law at the university, relying on her abilities and self-confidence, and her skill in using modern technology and adapting it to suit her needs and health condition, and what qualified her for excellence and success in all her academic stages.



The university holds several meetings within the virtual “Hamm” program on the occasion of the International Day of Persons with Disabilities
<https://www.qu.edu.sa/content/news/2386>

The university, represented by the Deanship of Student Affairs, organized several scientific meetings within the virtual program that was held on the occasion of the International Day for Persons with Disabilities entitled “Hamm”, in cooperation with the Special Education Department of the College of Education, on Thursday, 04/18/1442 AH. Several virtual meetings dealt with many aspects of the academic life of students of determination, and reviewed some of their university experiences and their academic excellence in successfully passing the university stage. The first meeting was held under the title “People with Disabilities in the University Environment”, and it was presented by Dr. Muhammad Al-Ajlan, Chairman of the Permanent Committee for the Care of Persons with Disabilities at the University, Dean of the Deanship of Student Affairs, and Dr. Muhammad Al-Obaid, member of

the Committee, and Head of the Special Education Department. The meeting discussed a number of topics, including: University environment, educational support services, and support services. While the second meeting, which was held under the title "Student Illuminations" with a group of university students with disabilities, dealt with a number of themes, namely: the experiences of students with disabilities at the university (deaf, people with motor disabilities, and the blind).



The Department of Psychology of Housing Education does "Day of Happiness"

<https://coe.qu.edu.sa/content/news/274>

The Faculty of Education in Housing, represented by the Department of Psychology in cooperation with the Student Club Enrichment Club, activated

" Happy Day "

On Sunday 7/10/1440 AH

In the lobby of the college, the exhibition contained paintings, gifts, distributions and gift cards, where there were large numbers of students and the corner received a distinguished presence.





Department of Psychology at the Faculty of Education - Housing represented by Ithra Club holds (awareness workshops on disabilities and their causes)

<https://coe.qu.edu.sa/content/news/396>

The Faculty of Education – Housing, represented by Ithra Club, in cooperation with the Department of Special Education, initiated the establishment of

"Awareness workshops on disabilities, their causes and ways to deal with them"

Such as (autism disorder - mental disability - visual impairment), on Monday 30/6/1441 AH

